

Time to get equal

scope

About cerebral palsy.  
For disabled people achieving equality.

**Event Fundraising**

**Scope**

6 Market Road  
London N7 9PW

Tel 020 7619 7100

Fax 020 7619 7380

Email [events@scope.org.uk](mailto:events@scope.org.uk)

[www.scope.org.uk/adventures](http://www.scope.org.uk/adventures)

Life Changing Experiences  
**Mera Peak** Expedition  
16 April – 8 May 2009



application  
**application form**

- I apply to take part in the Mera Peak Expedition and undertake to abide by the rules and conditions of this event.
- I make a commitment to raise a minimum of £4,500 and send it to Scope by Friday 20 February 2009.
- I undertake to raise as much sponsorship as possible.
- I enclose a cheque for £250 made payable to Scope/have completed my credit/debit card details at the end of this form for the registration fee. I understand this is non-refundable.
- I make a commitment to attend the pre-event training weekend in Wales in November 2009 – date TBC.

**to register**

**Please read and complete the remainder of this form and return it to:  
Event Fundraising, Scope, 6 Market Road, London N7 9PW**

**Tel 020 7619 7100 Fax 020 7619 7380**

**Email [events@scope.org.uk](mailto:events@scope.org.uk)**

Before completing this form, please read it carefully. We advise taking a photocopy for your own records.

There is an initial non-refundable registration fee of £250 which is solely to cover non-travel costs. You can either pay by cheque or complete the credit/debit card details section at the end of this form. Every person must fill in and sign their own registration form. When we receive your registration fee we will confirm your place and send you further fundraising details. The registration fee does not include personal travel insurance. All tour and travel arrangements for this event are being booked through The Ultimate Travel Company (ATOL protected No 5111)



Scope is a  
registered charity.

# Life Changing Experiences



## previous participation

Have you taken part in a Scope event before?  Yes  No

If so, where and when:

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## personal details

A name and address list will be sent out prior to the event. Please tick this box if you **do not** wish your name and address to be passed on to other participants

Title (Mr/Mrs/Ms/Miss)

Surname (as in your passport)

---

Forenames (as in your passport)

Name by which you prefer to be known

---

Address

---

Postcode

---

Home tel

Work tel

Mobile

---

Email

---

Occupation

Company name

---

Marital status

Place of birth

Date of birth

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## next of kin *(N.B. This needs to be someone who is not travelling with you)*

Name

Relationship

---

Address

---

Postcode

---

Daytime tel

Evening tel

---

## dietary requirements

Do you require vegetarian meals?  Yes  No

Other requirements (eg. food allergies)

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## passport details

Nationality

Passport no.

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Date & place of issue

Date of expiry

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It is essential we have the above information. If you do not have a passport at the moment, just send in your entry form and let us have the details as soon as you can. **Note: Your passport must be valid until 6 months after the date of return to the UK.**

## t-shirts *(Please tick size)*

We will provide four commemorative expedition t-shirts.  S  M  L  XL  XXL

## friends/room sharing

Please give the names of any friends who are taking part. Accommodation will be shared, with varying numbers of beds. It may be mixed sex and conditions may be basic. Tick box if you would like to share a room with your friends.

Name(s)

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# Life Changing Experiences



## employer details

Are you being sponsored by/representing a company or organisation?  Yes  No

If yes, please give details

Company/organisation name \_\_\_\_\_ Contact \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Daytime tel \_\_\_\_\_

Does your company have a matched giving policy?  Yes  No

Does your company have a newsletter or intranet?  Yes  No

If yes, please provide details of the editorial contact and phone number

## where did you see the event advertised?

Eg via email, a specific website, flyer, postcard, radio, advert (please state name of newspaper/magazine and date), etc. Your feedback is greatly valued, so please help us to improve our promotion by filling this in.

Do you have a personal connection with cerebral palsy or another disability?  Yes  No

## insurance

It is **your** responsibility to organise your own personal travel insurance policy covering health, accidents and loss. Further details on recommended insurance policies will be forwarded at a later date. You **must** have adequate insurance in order to take part in this event.

## medical information *(See enclosed form)*

This is a high altitude expedition and you must ensure you have excellent fitness levels and enjoy good health in order to participate. A training guide will be provided in order to ensure you have attained the necessary fitness levels prior to departure.

Enclosed is our medical form, which you must complete and return with this application. Please understand that it is essential our medical personnel are fully briefed on every person participating, so we do need accurate and honest medical information.

**The medical form must also be signed by your GP giving their agreement that you are fit enough to undertake this challenge. Until this form is signed and approved, we cannot guarantee your participation in this event.**

All medical information will be treated with confidentiality and if you have any concerns you would like to discuss with us prior to completing this form then please contact us.

## vaccinations

Typhoid and Hepatitis A vaccinations may be advisable and we recommend that your Tetanus and Polio boosters are up-to-date. Further information will be included in the sponsor pack.

## passport and visas

You will have to apply for a visa to visit Nepal, which costs approximately £20. We will provide the necessary forms to fill in. Any queries should be directed to the Royal Nepalese Embassy on 020 7229 1594. Your passport must have six months to run from the date of return to the UK.

## photographs

Using paper-clips, please attach two passport size photographs. Please write your name clearly on the back of each photograph.



## referee

Please give details of one referee who can vouch for you having been to altitude of over 4,500m without significant problems. Ideally this should be the trek leader. If you took part in a Scope event, please put the name of the Scope fundraiser on the event.

Name \_\_\_\_\_

Address \_\_\_\_\_ Postcode \_\_\_\_\_

Daytime tel \_\_\_\_\_

## conditions of entry

- 1 For this event, we require a registration fee of £250 (**non-refundable**). You must also undertake to raise a minimum of £4,500 in sponsorship money for Scope. £4,500 of your sponsorship must be received by Scope eight weeks prior to departure. If you raise over £5,500 your registration fee of £250 will be returned to you if you wish.
- 2 If you are unable to meet these sponsorship requirements, you may forfeit your place on the event – or you may choose to make up the balance yourself.
- 3 Should you, for whatever reason, not take up your place, all sponsorship forms and sponsorship monies collected should be forwarded to Scope or returned to your sponsors.
- 4 You must be aged between 18 and 60 by the departure date of the event.
- 5 Nepal has strict entry conditions. You must not suffer from alcohol or drug dependency. You should not have any criminal convictions. Your passport must have at least six months to run from date of return to the UK.
- 6 All funds raised for Scope through the event must be payable to Scope.
- 7 You must wear Scope identification tags for recognition and security reasons.
- 8 You must be covered by insurance for health, accident and loss.
- 9 All participants take part at their own risk.
- 10 For health and safety reasons the tour operator, ground agents and/or medical staff reserve the right to stop any participant from trekking.
- 11 Scope, tour operator and local staff should not be subject to inappropriate behaviour, either verbal or physical. We reserve the right to stop any person from participating in the event should we feel that boundaries have been crossed.
- 12 I consent to Scope contacting me via telephone, fax, letter or email for any matter relating to my fundraising and my participation in this event.
- 13 I have enclosed my **non-refundable** registration fee of £250. I have read and agree to the above conditions.
- 14 I make a commitment to attend the pre-event training weekend.

Signed \_\_\_\_\_ Date \_\_\_\_\_

## recommend a friend!

If you would like details of this event to be sent to any of your friends, please complete the section below.

Name \_\_\_\_\_

Address \_\_\_\_\_ Postcode \_\_\_\_\_

Daytime tel \_\_\_\_\_ Evening tel \_\_\_\_\_

**Please note: The information contained in this application form was correct at time of going to press. Where relevant, you should check the current situation prior to departure.**

## payment details

You can also pay your entry fee by debit/credit card, rather than cheque, by completing the details below. Where possible we would prefer you to use a debit card as it costs Scope to process credit cards, and being a charity this is a cost we would prefer not to incur!

Card Type \_\_\_\_\_ Expiry Date \_\_\_\_\_ / \_\_\_\_\_

Cardholders Name & Address if this is not your card \_\_\_\_\_ Valid From \_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ Issue Number (if shown) \_\_\_\_\_

\_\_\_\_\_ Registration Amount \_\_\_\_\_

Card Number \_\_\_\_\_ Signature \_\_\_\_\_

(long number in centre of card)

Security Code \_\_\_\_\_ Date \_\_\_\_\_

(last 3 digits on the signature slip)