# Diary to prepare your Disability Living Allowance (DLA) application

Think about how your child:

* Wakes up and gets out of bed
* Dresses and undresses
* Uses the bathroom
* Eats
* Moves about
* Concentrates at school
* Takes medication
* Plays and communicates with you, brothers and sisters, family, friends, teachers and therapists
* Washes
* Turns in bed
* Sleeps

During the night...

During the day...

find out more about DLA visit scope.org.uk/claim-dla